

**Professional Psychology Associates, P.C.**

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**Identifying Information**

Child's Name: \_\_\_\_\_ Child's Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Current Address: \_\_\_\_\_ How long at this address?: \_\_\_\_\_

Informant Name: \_\_\_\_\_ Relationship to child: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work/Cell Phone: \_\_\_\_\_

Child's School/School Address: \_\_\_\_\_

School Phone: \_\_\_\_\_ Teacher: \_\_\_\_\_ Grade: \_\_\_\_\_

What language(s) does the child speak?: \_\_\_\_\_ What is the primary language spoken at home?: \_\_\_\_\_

If the child's first language is not English, at what age did they begin to learn English? \_\_\_\_\_

**Caretaker Information**

Child's Biological Father: \_\_\_\_\_ Occupation: \_\_\_\_\_ Yrs of education \_\_\_\_\_

Father's Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Child's Biological Mother: \_\_\_\_\_ Occupation: \_\_\_\_\_ Yrs of education \_\_\_\_\_

Mother's Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Child's Legal Guardian (if not biological parent): \_\_\_\_\_ Occupation: \_\_\_\_\_

Yrs of education \_\_\_\_\_ Guardian's Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Are the child's biological parents married or separated?  married  separated  divorced  never married  
If separated, how old was your child at that time? \_\_\_\_\_

If separated, who has legal custody of the child at this time?  mother  father  other \_\_\_\_\_

Are there other adults who have a significant part in raising your child?  Yes  No  
If so, please indicate name & relationship (step-parent, grandparent, boy/girlfriend, etc.) \_\_\_\_\_

\_\_\_\_\_

Have there been any significant changes in the home over the last few years? (Such as new marriages, deaths, births, address changes, family separations/divorce, parent dating, parent job change, money problems, etc)

\_\_\_\_\_

\_\_\_\_\_

Presently, who does the child live with? Name all persons in home(s) (including non-family members) and their relationship to the child:

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Please list all locations (city, state) that your child has lived:

- |                     |                          |
|---------------------|--------------------------|
| 1. Birthplace _____ | Moved at age/grade _____ |
| 2. _____            | Moved at age/grade _____ |
| 3. _____            | Moved at age/grade _____ |
| 4. _____            | Moved at age/grade _____ |

Is there a history of physical violence and/or emotional/verbal abuse between caregivers/other individuals in the child's home?

Explain: \_\_\_\_\_

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Is there a history of divorce, affairs, or ongoing relationship issues between caregivers/other individuals in the child's home?

Explain: \_\_\_\_\_

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### **Behavioral Concerns**

Please briefly describe the problem(s) that your child is presently experiencing:

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When did the problem begin? \_\_\_\_\_

When did you first notice a change in your child's behavior? \_\_\_\_\_

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Who referred you to seek psychological services at PPA? \_\_\_\_\_

What do you think has caused the difficulties your child is experiencing? \_\_\_\_\_

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What part of your child's behavior would you most like to see change? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What things does your child do well? (list strengths e.g. bright, funny, subjects enjoyed in school, hobbies, etc.)

\_\_\_\_\_

\_\_\_\_\_

What strategies have you used to manage difficult behaviors? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### **Pregnancy & Birth Information**

Is child your:  biological child  adopted child  foster child  other: \_\_\_\_\_

Mother's age at birth? \_\_\_\_\_ Did mother receive routine medical prenatal care?  Yes  No

Please specify any medications used during pregnancy and the reason used: \_\_\_\_\_

\_\_\_\_\_

Pregnancy lasted \_\_\_\_\_ weeks / months Child's birth weight: \_\_\_\_\_ pounds \_\_\_\_\_ ounces

APGAR score ...at 1 minute \_\_\_\_\_ ...at 5 minutes \_\_\_\_\_  Unsure / Don't know

Did child go home from the hospital at the same time as the mother?  Yes  No

If No, explain why: \_\_\_\_\_

\_\_\_\_\_

Please check the conditions below that describe the health of the mother during pregnancy:

- No Complications
- Blackouts
- Falls
- Physical Injury
- Excessive Bleeding
- Hypertension
- Diabetes
- Excessive Emotional Stress
- Toxemia
- Alcohol/drug use: prior to OR during the pregnancy (circle all that apply)
- Use of Tobacco: prior to OR during the pregnancy (circle all that apply)
- Exposure to toxic fumes/chemicals/metals

Please check the conditions below that describe the child's delivery:

- Normal
- Induced Labor (If so, why?) \_\_\_\_\_
- C-Section
- Breech birth
- Unusually long labor (>12 hrs)
- Premature # of weeks \_\_\_\_\_
- Overdue # of weeks \_\_\_\_\_
- Other Problem (Specify) \_\_\_\_\_

Please check the conditions below that describe the child's health at birth:

- Normal / No problems
- Lack of Oxygen
- Breathing Problem
- Birth Injury/Defect: \_\_\_\_\_
- Jaundice
- Drug or Alcohol withdrawal
- Low birth weight
- Required incubation
- Newborn ICU # of days \_\_\_\_\_
- Other Problem (Specify) \_\_\_\_\_

## Development

Please indicate the age range when your child performed the following milestones:

Milestone	0-3 months	4-6 months	7-12 months	13-18 months	19-24 months	2-3 years	3-4 years
Sat up without help							
Crawled							
Walked alone							
Walked up stairs							
Spoke first words							
Spoke short phrases							
Spoke sentences							
Fully bladder trained							
Fully bowel trained							
Stayed dry all night							

## Behavior in Infancy

During your child's first few years of life, were any of these problems present to a significant degree?

- Did not enjoy cuddling
- Was not easily calmed by being held or stroked
- Difficult to comfort
- Colicky
- Problems Feeding
- Excessive irritability
- Diminished sleep/poor sleep patterns
- Difficult nursing
- Poor eye contact/did not turn towards caregivers
- Did not respond to name or speech of caregivers

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- Fascination with certain objects
- Constantly into everything
- Frequent head banging

\* If checked any above, please describe: \_\_\_\_\_

## **Temperament**

*Activity Level* – How active has your child been from an early age?

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*Distractibility* – How well was your child able to maintain focus or concentration, or pay attention to tasks?

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*Adaptability* - How well was your child able to deal with transition, change, or when denied his/her own way?

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*Approach/Withdrawal* – How well was your child able to respond to new things (i.e., new places, people, food, etc.)?

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*Intensity* – Whether happy/unhappy, how strong were your child's feelings exhibited? Were others made aware of when your child was upset, angry, disappointed, etc.?

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*Mood* – What was your child's basic mood? Did he/she exhibit frequent or rapid changes in mood or temperament?

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*Regularity* – How predictable was your child's patterns of activity level, sleep, appetite, etc.?

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Does your child have more difficulty than other children his/her age...

- |  |  |
|--|--|
| <input type="checkbox"/> Sitting still at meal time    | <input type="checkbox"/> Staying focused on TV movies, or videogames |
| <input type="checkbox"/> Paying attention when read to | <input type="checkbox"/> Waiting for turn at play                    |
| <input type="checkbox"/> Throwing a ball               | <input type="checkbox"/> Knowing left and right                      |
| <input type="checkbox"/> Catching a ball               | <input type="checkbox"/> Acting without thinking                     |
| <input type="checkbox"/> Buttoning & Zipping           | <input type="checkbox"/> Dressing self                               |
| <input type="checkbox"/> Holding crayon or pencil      | <input type="checkbox"/> Tying shoe laces                            |
| <input type="checkbox"/> Accidentally dropping things  | <input type="checkbox"/> Accidentally knocking things over           |

**Child's Health Information**

Describe the current state of your child's current health:  Excellent  Good  Fair  Poor

Is your child currently taking any medication?  Yes  No

If yes, please list medications, dosages, and uses: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Has your child had any of the following?	Describe and give details, dates and/or age of onset
<input type="checkbox"/> Serious Illnesses	
<input type="checkbox"/> Head Injuries	
<input type="checkbox"/> Seizures or convulsions	
<input type="checkbox"/> Surgery/Hospitalization	
<input type="checkbox"/> History of Ear Infections	
<input type="checkbox"/> Allergies and/or Asthma	
<input type="checkbox"/> Vision Problems	
<input type="checkbox"/> Hearing Problems	
<input type="checkbox"/> Frequent Nightmares and/or Bedwetting	
<input type="checkbox"/> Concussion and/or Loss of Consciousness	
<input type="checkbox"/> High fever (greater than 103 degrees)	
<input type="checkbox"/> Abnormal Urination	
<input type="checkbox"/> Broken bones	
<input type="checkbox"/> Other health problems	

Is there a <b>family history</b> for the following problems?	<b>Biological</b> family member with the history... (parent, sister/brother, aunt/uncle, grandparent, 1st cousin, etc)
<input type="checkbox"/> Learning Difficulties (reading, math, writing, spelling, etc.)	
<input type="checkbox"/> Speech or Language problem (articulation, stuttering etc.)	
<input type="checkbox"/> Developmental Disorder (such as Autism, Aspergers, etc.)	
<input type="checkbox"/> Emotional Problems (depression, anxiety, mood swings, etc.)	
<input type="checkbox"/> Mental Retardation	
<input type="checkbox"/> School Failure (failing grades, dropout, etc.)	
<input type="checkbox"/> Drug or Alcohol Addiction	

Has your child ever been identified as having a disability?  Yes  No

If so, by whom, what age, & what disability? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Mental Health History

Has your child ever received psychological counseling and/or psychometric/psychoeducational testing?  Yes  No

If "yes," by whom (professional/agency), diagnosis (if applicable) and when: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please indicate any incidents of sexual, physical, or emotional abuse (include age at time of incident(s): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please describe any incidents of trauma (e.g. death of a parent/sibling, near death experience/severe injury, kidnapping, exposure to violence/pornography etc.) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Is there a history of behavioral health issues in the child's **biological** family? (e.g., depression, anxiety, bipolar, schizophrenia, substance abuse, etc.)  Yes  No

If yes, please explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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## Differential Behaviors

Please check below **all** behaviors or characteristics that fit your child over the **past year**:

- |  |  |
|--|--|
| <input type="checkbox"/> Destructive behavior                              | <input type="checkbox"/> Appears depressed & unhappy much of the time      |
| <input type="checkbox"/> Frustrated easily                                 | <input type="checkbox"/> Explosive temperament                             |
| <input type="checkbox"/> Is affectionate with family and friends           | <input type="checkbox"/> Frequently complains about aches and pains        |
| <input type="checkbox"/> Responds well to authority figures                | <input type="checkbox"/> Appears to have low self-esteem                   |
| <input type="checkbox"/> Boundless energy and poor judgment                | <input type="checkbox"/> Prefers to be alone (or considers self “a loner”) |
| <input type="checkbox"/> Withdrawn and/or sullen                           | <input type="checkbox"/> Starts fires                                      |
| <input type="checkbox"/> Cruelty to animals                                | <input type="checkbox"/> Lacks motivation                                  |
| <input type="checkbox"/> Disorganized, loses things often                  | <input type="checkbox"/> Steals or lies                                    |
| <input type="checkbox"/> Shows sudden outburst of physical aggression      | <input type="checkbox"/> Becomes upset with change                         |
| <input type="checkbox"/> Has difficulty playing quietly                    | <input type="checkbox"/> Fearfulness                                       |
| <input type="checkbox"/> Requires a lot of parent attention                | <input type="checkbox"/> Frequent peer and/or family conflicts             |
| <input type="checkbox"/> Fidgets or squirms in seat                        | <input type="checkbox"/> Does not appear to listen to what is being said   |
| <input type="checkbox"/> Appears to daydream or “zone out” often           | <input type="checkbox"/> Always worrying about something                   |
| <input type="checkbox"/> Nervous habits (nail biting, hair twirling, etc.) | <input type="checkbox"/> Shifts from one activity to another               |
| <input type="checkbox"/> Other _____                                       |  |
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## Home Behaviors

How would you describe your child’s personality at home?

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How does your child get along with brothers/sisters?

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Which adult would your child prefer to talk with about a problem?

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Who is the family member that your child feels closest?

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Who is primarily responsible for discipline at home?

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What is the most effective way to deal with your child's behavior problems at home? (spanking, talking, positive reinforcement, time-out, grounding, etc.)

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What discipline strategies are used at home?

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How does your child respond to discipline?

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List any responsibilities your child has at home:

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Does your child do these regularly?  Yes  No Does your child need frequent reminders?  Yes  No

Indicate child's... Bed time? \_\_\_\_: \_\_\_\_ PM Wake time? \_\_\_\_: \_\_\_\_ AM

Does child sleep well? \_\_\_\_\_

How much time does your child typically spend on electronic media?

Watching TV: \_\_\_\_ hrs/day; Playing video/computer games: \_\_\_\_ hrs/day; Other \_\_\_\_\_: \_\_\_\_ hrs/day

Have any family members expressed concerns about your child's behavior?  Yes  No

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## Social Behavior

How would you describe your child's peer relationships and choice of friends? (i.e. How many friends? What age/genders? Is child shy, outgoing, a leader, a follower, etc? Does child associate w/ scholars or troublemakers?)

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How does your child interact with children in the neighborhood? \_\_\_\_\_

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**Educational History**

How does your child feel about school? \_\_\_\_\_

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How motivated do you feel your child is to learn? \_\_\_\_\_

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About how much time does your child spend on homework each night? \_\_\_\_\_

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How much of a struggle is homework? \_\_\_\_\_

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How did your child respond to their first day of school? \_\_\_\_\_

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Has your child ever repeated a grade?  Yes  No

If yes, explain: \_\_\_\_\_

Does your child receive special school services (IEP, 504 plan, Gifted/Talented)?  Yes  No

If yes, which program and when services begin?

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Below, please list schools attended and describe your child's academic and/or behavioral performance (Average GPA, if applicable):

Preschool / Daycare \_\_\_\_\_

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ElementarySchool \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Middle School \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

HighSchool \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Has your child ever been suspended or expelled from school? \_\_\_\_\_  
Explain \_\_\_\_\_  
\_\_\_\_\_

Please indicate any other concerns in the space below (attach additional pages if necessary):

Respondent: \_\_\_\_\_ Date: \_\_\_\_\_

Completed forms may be returned via fax or mail.